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# Frequently Asked Questions

## How do I get my *Medical Marijuana Card*?

- ✿ First step is to make sure that you have a qualifying condition as determined by the Florida Department of Health; Office of Medical Marijuana Use. Qualifying conditions are listed on the back. Call us to see if you are qualified!
- ✿ To become a Medical Marijuana (**MMJ**) patient you are required to complete an application to the *Florida Department of Health, Medical Marijuana Use Registry*.
- ✿ At your first visit you will complete this application and all of the other required paperwork.
  - The application will take 10-20 days for processing.
  - The fee for this application is \$75 + an online processing fee of \$2.75 totaling \$77.75
  - You will receive an email from the *Florida Department of Health Office of Medical Marijuana Use* when your application has been approved.
- ✿ At your second visit you will meet with our Physician, and they will certify you to be a MMJ Patient and write you a **recommendation**. The fee for this visit is \$199 and includes 1 recommendation.

## What is a “**Recommendation**”?

- ✿ The term “**recommendation**” is synonymous with “prescription” sometimes referred to as your “order” and each recommendation is valid for 70 days.
- ✿ Each patient can receive 3 recommendations during each **Certification Period**.
- ✿ The first recommendation is included in your certification.
  - Each refill is \$75 and is valid for 70 days.
- ✿ **If you would like to medicate using the smokable Marijuana it is important to note that the recommendation period is for 35 days with a limit of 2.5oz of smokable Marijuana, therefore totaling 6 possible orders in a 210 day certification period. The one-time admin fee to add flower to your order is \$50.**

## What is a “**Certification Period**” and how long does it last?

- ✿ Every **qualified patient** will have a certification period of 210 days as regulated by the *Florida Department of Health Office of Medical Marijuana Use*.
- ✿ When you certification expires you will be required to obtain another certification if you would like to continue using MMJ.

DOH Application for MMJ Card						
365 Days; patient is responsible for renewing this via their email						\$77.75
210 Certification Period						\$199 includes first 70 day order
70 Day Order		70 Day Order		70 Day Order		\$75/refill does not include flower
35 Day Flower Order	35 Day Flower Order	35 Day Flower Order	35 Day Flower Order	35 Day Flower Order	35 Day Flower Order	\$50 one time fee

## What is the “**Annual Plan**”?

- ✿ The Annual Plan is a concierge service in which The Annex advocates on your behalf regarding your MMJ Card, Recommendations, and Re-Certifications. Essentially, we do all the dirty work for you!
- ✿ We will make sure that you stay in compliance with *Florida Department of Health Office of Medical Marijuana Use* for as long as you are at patient at The Annex.
- ✿ This covers every doctors visit, every recertification visit and any questions or concerns you might have regarding your Certification or Recommendation.

## Routes of Administration:



### Inhalation; Vaping or Smoking:

Inhalation through vaping is the fastest-acting method of administration. When inhaled, the active ingredients of the products pass directly into the blood stream via the lungs. Pharmacological effects occur within 5-20 seconds

- Peak Effect: 15-30 minutes
- Duration: 2-3 Hours
- Easy to titrate dose
- Low risk of overdosing



### Sublingual:

Sublingual medications sometimes known as “tinctures” are administered under the tongue and can be fast acting as the medicine is absorbed into the blood through the mucosal membrane in the mouth.

- Peak Effect: 15 minutes
- Duration: 6-8 Hours
- Moderate risk of overdosing due to slow onset



### Oral:

Oral medications have one of the strongest delivery methods. In comparison to when it is inhaled, Cannabis ingested orally is metabolized by the Liver allowing more THC to be converted into useable forms by the body.

- Peak Effect: 2-6 Hours
- Duration: 4-12 Hours
- Higher risk of overdosing due to slow onset



### Topical:

Topical forms of this medical are typically in the form of creams or lotions to treat localized pain and discomfort. The active ingredients are delivered to the bloodstream through the skin. These medications are sometimes offered in a patch form as well.

- Peak Effect: Approximately 1 hour
- Duration: 3-4 Hours
- Low risk of overdosing

## Qualifying Conditions:

- ✿ Cancer
- ✿ Epilepsy
- ✿ Glaucoma
- ✿ HIV/AIDS
- ✿ Post-traumatic stress disorder (PTSD)
- ✿ Amyotrophic lateral sclerosis (ALS)
- ✿ Crohn’s disease
- ✿ Parkinson’s disease
- ✿ Multiple sclerosis (MS)
- ✿ Chronic nonmalignant pain caused by a qualifying medical condition
- ✿ A terminal medical condition

## Other Services:

Did you know that The Annex also offers *other* Healthcare Services?

- ✿ Acupuncture and Traditional Chinese Medicine Therapies
- ✿ B12 Injections
- ✿ Massage Therapy
- ✿ CBD Massage Sessions
- ✿ THC Massage Sessions (\*must be a current MMJ patient and bring your own THC cream)
- ✿ Monthly Educational Events
- ✿ Monthly Ganja Yoga Events
- ✿ CBD Products
- ✿ Personalized trips to the dispensaries by appointment
- ✿ Monthly “Show & Tell” events from the local dispensaries showcasing their newest products
- ✿ The Annex Healthcare is Longwoods trusted source for all Alternative Healthcare needs!